

**LHS Announcements**  
**Wednesday, February 14, 2024**

Today's Seven Mindsets Quote of the Day:

"There are two ways of exerting one's strength; one is pushing down, the other is pulling up." Booker T Washington

Congratulations to today's PRIDE winner, Grace Hawke! Please stop in the office to pick up your prize.

The #2 ranked Raider wrestlers advanced to the Team State tournament by defeating Middleton 64-18 and #7 Holmen 37-25. Team State is on March 1st and 2nd in Madison. 12 of our boys and 3 of our girls compete in the individual sectional tournament on Saturday with an opportunity to advance to the individual state tournament. Congratulations and good luck!!

Congratulations to the hockey team who beat Marshfield 6-1 in Regional play last night. They now advance to the Regional Championship vs Spash tomorrow night.

FFA will be meeting in room 115 during RPT tomorrow.

There will be a Math ACT study session during RPT this Friday in Mrs. Moyer's room, 118. All are welcome - no sign-up necessary!

Snowboard and Ski Club members please check skyward or your email for a survey that must be completed by the end of the day today concerning our last ski trip.

Speaking to all Key Club Members! There will be a meeting tomorrow during RPT in room 106. It is recommended that you attend this meeting as we will be discussing nominations for the upcoming year and future volunteer opportunities. Thank you and stay Key Club Cool!

Congratulations to Aynslee Kuklinski for receiving a Gold Key award for her drawing Blooming Flowers. Her work will be on display at the Milwaukee art museum Feb 24-April 7.

Seniors must come to Student Services by Friday, February 23 to verify that your name is correct for graduation. This list will be used to print your diploma and all other graduation information.

DECA member's competing at SCDC are reminded of the Econ test and meeting taking place in room 216 on Wednesday during early release.

Interested in construction work? Building set pieces? MY FAIR LADY is in need of students to work in the crew. After school hours are flexible and start Monday, Feb 11th down by the Green Room. This musical requires many set changes so the more people the better. Contact Mrs Danke or Mr Krommenakker if you're interested.

The Elks Club is still in need of volunteers for this Friday and next Friday. Please consider [signing up](#). You get a free fish fry meal for volunteering!

UW Stout will be here during all lunches tomorrow. UW Stout is located in Menomonie and is the only POLYTECHNIC School in Wisconsin, meaning hands-on, career-focused degree programs. Stop by and talk with them to see if they are a good fit for you!

Valentine's Day is the perfect day to talk about a major red flag when it comes to unhealthy relationships. It's called "love bombing." Maybe you just met or just started dating when your partner starts doing the following:

- Giving over-the-top compliments
- Calling you their "soulmate," "the one," "the person they want to be with forever"
- Constantly sending text messages and expecting you to respond immediately
- Buying you expensive gifts

- Wanting all of your time
- Asking you to share locations through your phone

Setting and respecting boundaries is essential to a healthy relationship, but it's also important to trust your gut if you feel something is wrong or "too good to be true." Talk to a friend, trusted adult, or school counselor. Utilize the resource numbers that appear on your school IDs. Our local Family Center website also has people available to talk to. Check out their website--or stop by to check out resources at their table during lunch today.

**Lunch Entree Choices:**

**World Market:** Pizza Variety, French Bread Pizza or Baked Potato w/ Ham & Cheese

**Grill:** Grilled Chicken Patty or Cheeseburger

**Kitchen Classics:** Pork Carnitas Nachos or Nachos with Ground Beef

**Main Event:** - French Bread Pizza or Baked Potato w/ Ham & Cheese

**Home Sporting Events & Concerts:**

**PLEDGE OF ALLEGIANCE:** (Please stand and face the flag): *"I pledge allegiance to the flag of the United States of America and to the Republic for which it stands, one nation, under God, indivisible, with liberty and justice for all."*

MANDATORY RPTs				
Week of...	SENIORS	JUNIORS	SOPHOMORES	FRESHMAN
February 12	Monday	Monday	Monday	Monday
February 19	Monday	Monday Thursday	Monday Thursday	Monday Thursday
February 26	None	None	None	None
March 4	Monday	Monday	Monday	Monday

EARLY RELEASE DAYS				
FEBRUARY	MARCH	APRIL	MAY	JUNE
14th	13th	10th	8th	NONE
28th		24th	22nd	